1. **Rules**

1.1 Governed by the SNG 2016 General Rules and Regulations

2. **Eligibility & Registration**

<table>
<thead>
<tr>
<th>S/No</th>
<th>Category</th>
<th>Clarification</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Youth</td>
<td>13 to 16 years old, born between 2000-2003 (year inclusive)</td>
<td>Strictly no canal crossing</td>
</tr>
<tr>
<td>2</td>
<td>Open</td>
<td>17 years old and above, born on or before 1999</td>
<td>Canal crossing is an optional obstacle station.</td>
</tr>
<tr>
<td>3</td>
<td>Masters</td>
<td>35 years old and above, born after 1981</td>
<td></td>
</tr>
</tbody>
</table>

*Permanent residents and foreigners are welcome to participate with a condition of he/she must be have a residential address here.*

3. **Event Venue & Schedule**

3.1 The event will be held at Yio Chu Kang Sports Centre:

<table>
<thead>
<tr>
<th>Date</th>
<th>Timing</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>30/31 July 2016</td>
<td>10am to 6pm</td>
<td>Race Entry Pack Collection</td>
</tr>
<tr>
<td>6 August 2016</td>
<td>4pm to 8pm</td>
<td>Race Day</td>
</tr>
</tbody>
</table>

*Note: all above may change once the entries are finalised*

3.2 Race route: to be announced on a later date

3.3 Obstacles course: to be announced on a later date

4. **Participants**

4.1 Participants must follow the course as marked and directed by the Organiser.

4.2 The distance for the Adventure Race is approximately 3.5km.

4.3 Participants under 16 years old are required to download the SNG consent indemnity form, have it signed by their parent/guardian and submitted to the registration counter before the start of the race.

4.4 Participants in the Youth Category will bypass the canal crossing obstacle.

4.5 In the event of race cancellation, participants' entry fees shall not be refunded.
4.6 Usage of mobile devices and portable media players is not recommended during the race.

4.7 Participants are to dispose of their litter (paper cups etc) into the receptacles within the water station areas.

5. **Competition Format**

5.1 Teams shall comprise of 4 members, of which, 3 have to be Singaporeans or Permanent Residents.

5.2 Participants are only required to pay for one entry fee to compete in both Individual and team categories.

5.3 Team event participants will also be eligible for Individual prizes.

5.4 Any individual category must have 4 participants to compete on competition day to be entitled to prize money. If less than 4 participants, medals will still be awarded but no prize money will be given.

5.5 Any team category must have 4 teams to compete on actual competition day to be entitled to prize money. If less than 4 teams, medals will still be awarded but no prize money will be given.

5.6 To be eligible for the team event, participating team needs to submit 4 names. However, the fastest 3 positions in a team will score for the team.

5.7 In the event of a tie between two or more teams, the position returned by their fastest 4th runner in the race will be used to decide the winner. However, if a tie still persists, then the position returned by the fastest 3rd runner followed by the 2nd runner will be used.

5.8 Finisher medals will only be awarded at the finish line to participants who have successfully completed the Adventure Race.

6. **Prize Money and Medals**

6.1 Medals and Prize monies will be awarded to the top 3 winners of each events with at least 4 participants/teams.

6.2 In team events, the Champion team will receive a trophy.

6.3 Only Medals will be awarded when entries are below 4 participants/team.

6.4 If there are only 3 participants for the event, ‘minus 1 rule’ applies, ie only 1st & 2nd will be awarded with medal but no prize money.

6.5 If there are less than 4 participants/teams, they may choose 1 of the following options:
Option 1
- Participants may withdraw and receive a full refund

Option 2
- Participants may continue with the competition but will not be eligible for prize money. Medals will be awarded based on the ‘minus 1 rule’.

Option 3
- Participants may opt to join another category which they are eligible.

6.6 Details of Prize Money will be published on SNG 2016 official website on a later date.

7. Disqualification

7.1 Sale and/or unauthorised transfer of race entries/bibs is strictly prohibited and will result in the disqualification and/or banning of individuals involved from future events.

8. Equipment and Attire

8.1 All participants must wear an unaltered race number bib and the race bib has to be clearly visible throughout the event.

8.2 Participant race number bibs are specific personal identifiers and must be worn only by the participant to which the bib is assigned.

9. Reporting

9.1 All runners must bring along his/her valid Singapore pink or blue identity cards, valid driving license (with photo) or valid passport for verification, failing which he/she will not be allowed to compete in the race.

9.2 All participants should proceed to the start line from 3.45pm or 10 minutes prior to the start of race (different categories). To ensure a smooth race, participants will be flagged off in waves of 5 minutes intervals.

9.3 Runners must be punctual, and will not be allowed to run if they miss the flag-off time.

9.4 Participants are to complete the course in the race before the cut-off time specified by the organizer.

9.5 The first flag off time is 4pm and the last flag off time is 6.30pm. The race cut-off time is 7.30pm.
10. Dispute

10.1 Participants may appeal towards on-course activities (such as others skipping / not completing an obstacle station) no later than one hour after they finish (or stop competing in) the event. Before an appeal can be upheld, all participants affected will meet with the Organiser for review.

10.2 Appeals on the top 3 winners must be reviewed within 15-minutes after preliminary results of the winners have been announced or posted on the event day. No appeals will be entertained upon expiry of this period.

10.3 All appeals must be made in person at the Information Counter with S$50.00 non-refundable deposit. The Organiser will consider the race appeal prior to race results being finalized.

10.4 The Organiser will have the final say with regard to all issues related to these rules and regulations. Time penalties and disqualifications will be addressed and issued based on each specific circumstance.

11. Competition Jurisdiction

11.1 The Organiser reserves the right to interpret or amend the rules and regulations of this race at any time. Notifications of such changes will be posted on the games website. All participants are advised to visit the games website for any notices or updates.

11.2 While reasonable precautions will be taken, the Organiser, their servants and agents will not be responsible or in any way liable for any death, disability, personal injury, loss of property or any other loss howsoever arising from any cause whatsoever at any time during the course of this event.