

**SINGAPORE NATIONAL GAMES 2018**  
**COMPETITION RULES & REGULATION – SWIMMING**

**1. Rules**

- 1.1 Guided by the Rules and Regulations as directed by the Singapore Swimming Association (SSA) and in accordance with the Rules and By-laws of Fédération Internationale de Natation (FINA) and World Para Swimming (WPS) Swimming Rules and Regulations, where applicable.
- 1.2 Governed by General Rules and Regulations.
- 1.3 Performance times achieved in the Competition can be used as Qualifying Entry Times for SSA Long Course Competitions in 2019 e.g. SNAG 2019 & SNSC (LC) 2019.

**2. Eligibility & Registration**

- 2.1 Age is computed as of 31-Dec-2018

S/No	Age Group	Clarification
1	Youth 6 Years to 10 Years	Born in 2008 to 2012
2	Youth 11 Years to 12 Years	Born in 2006 & 2007
3	Youth 13 Years to 14 Years	Born in 2004 & 2005
4	Youth 15 Years to 17 Years	Born in 2001, 2002 & 2003
5	Open 18 Years to 29 Years	Born between 1989 to 2000
6	Masters 30 Years to 39 Years	Born between 1979 to 1988
7	Masters 40 Years to 49 Years	Born between 1969 to 1978
8	Masters 50 Years & Over	Born in 1968 or earlier

- 2.2 Registered Swimmers when attached to a Swim Team will be able to swim in the Team Relay Events. The Swim Teams can be from:
  - 2.2.1 Community Sports Clubs
  - 2.2.2 Swimming Clubs affiliated to SSA
  - 2.2.3 Primary or Secondary School Swim Teams
  - 2.2.4 Swimming Teams from ITE, Polytechnics and Universities
  - 2.2.5 Swimming Schools run by swimming instructors
  - 2.2.6 Group of swimmers forming their own Swim Teams
- 2.3 Singapore Citizen, Permanent Residents and Foreigners residing in Singapore are eligible to participate.
- 2.4 Registration may be done **individually or in batch** by the Team Manager who can be a Coach or someone designated to take charge of the Team.

### 3. Event Venue & Schedules

All Competition events will be held in Our Tampines Hub (OTH) Competition Pool on 04 August 2018 (Day 1) and 05 August 2017 (Day 2)

Date	Session	Competition Timeline	Competition Stage
Sat 04 Aug Day 1	S1	8:30 am – 12:30 pm	Timed Finals
	S2	2:30 pm – 6:30 pm	Timed Finals
Sun 05 Aug Day 2	S3	8:30 am – 12:30 pm	Timed Finals
	S4	2:30 pm – 6:30 pm	Timed Finals

**Note: All above timings may change once the entries are finalised**

### 4. Team Managers' Meeting

4.1 Team Managers' Meeting will be scheduled on **Sunday, 29<sup>th</sup> July 2018** in Our Tampines Hub, Level 6 Call Room at 10:00 am.

### 5. Type of Events

5.1 The Competition Events are as follows:

S/No	Event	Age & Gender Category
1	Women & Men 100m Butterfly, Breaststroke, Backstroke & Freestyle inclusive of Para Events for Breaststroke & Freestyle	As in 2.1
2	Women & Men 50m Butterfly, Breaststroke, Backstroke & Freestyle inclusive of Para Events	
3	4x50m Medley Relay	Girls & Boys Youth Women & Men Open Women & Men Masters
4	4x50m Freestyle Relay	Girls & Boys Youth Women & Men Open Women & Men Masters
5	Zone Mass 10x50m Freestyle Relay	Mixed Youth, Open & Masters

#### 5.2 Format of Competition & Lanes allocation

5.2.1 All Individual and Relay Events are Timed Finals and will be held in 10 lanes setup.

5.2.2 Allocation of lanes for Timed Finals shall be decided by the Technical Committee based on FINA rules as well as the

entry times submitted by the swimmers.

5.2.3 Swimmers (regardless of age) shall be placed in graduated time order, slowest to fastest.

5.3 SNG 2018 Swimming Competition will include Para athletes to swim together with the rest of the athletes in the same age category and event.

5.3.1 SNG 2018 strives to be inclusive by encouraging ALL Para Swimmers:

5.3.1.1 to take part in 50m events for Freestyle, Breaststroke, Butterfly and Backstroke as well as 100m Freestyle and 100m Breaststroke.

5.3.1.2 to swim together with non-Para Swimmers in the same Timed Finals. However, Para Swimmers will have their own ranking results and medals.

5.3.1.3 The ages for Para Swimmers are 9 Years & Over

5.3.2 To cater for all disabilities, the Classification Codes for Para Swimmers are as follows:

Classification Codes	Impairments	Stroke
S1 – S10	Physical	Freestyle, Butterfly & Backstroke
S11 – S13	Visual	Freestyle, Butterfly & Backstroke
S14	Intellectual	Freestyle, Butterfly & Backstroke
S15	Hearing	Freestyle, Butterfly & Backstroke
SB1 – SB9	Physical	Breaststroke
SB11 – SB13	Visual	Breaststroke
SB14	Intellectual	Breaststroke
SB15	Hearing	Breaststroke

5.3.3 For Para Swimmers who participated in SPH Foundation National Inclusive Swimming Championships in April 2018, they can use their IPC Classification Codes else they can refer to IPC Classification Guidelines (<https://m.paralympic.org/swimming/classification>) and get their doctor to certify their Classification before submitting their entries.

5.3.4 The top three (3) winners will be based on:

5.3.4.1 the Multi-Class Point Score System. Swimmers race against the World Record (as reference point) from World Para Swimming in the event of their classification. The winner of the race is not always who touches the wall first, but the

swimmer who posts the highest point score (i.e. a time closest to the World Record for their classification). The Singapore Disability Sports Council (SDSC) supports the use of the Multi-Class Point Score System to determine the top three (3) highest points for the winners of the 50m event for each stroke and for 100m Breaststroke and 100m Freestyle.

## 6. Order of Events

Day 1 - Session S1 Timed Finals Sat 04-Aug-2018 Commence 8:30 am		
Event No.	Event	Age Category
101 - 108	100m Butterfly	Youth by Gender
111 - 118	50m Backstroke	Youth (including Para) by Gender
151 - 158	100m Breaststroke	Youth (including Para) by Gender
161 - 168	50m Freestyle	Youth (including Para) by Gender
181 - 188	4x50m Medley Relay	Youth 6-10 Yrs, 11-12 Yrs, 13-14 Yrs & 15-17 Yrs by Gender
Day 1 - Session S2 Timed Finals Sat 04-Aug-2018 Commence 2:30 pm		
201 - 208	100m Butterfly	Open & Masters by Gender
211 - 218	50m Backstroke	Open & Masters (including Para) by Gender
251 - 258	100m Breaststroke	Open & Masters (including Para) by Gender
261 - 268	50m Freestyle	Open & Masters (including Para) by Gender
281 - 286	4x50m Medley Relay	Open 18-29 Yrs & Masters 30-49 Yrs, 50 Yrs & Over by Gender
Day 2 - Session S3 Timed Finals Sun 05-Aug-2018 Commence 8:30 am		
301 - 308	100m Freestyle	Youth (including Para) by Gender
311 - 318	50m Breaststroke	Youth (including Para) by Gender
351 - 358	100m Backstroke	Youth by Gender
361 - 368	50m Butterfly	Youth (including Para) by Gender
381 - 388	4x50m Freestyle Relay	Youth 6-10 Yrs, 11-12 Yrs, 13-14 Yrs & 15-17 Yrs by Gender
Day 2 - Session S4 Timed Finals Sun 05-Aug-2018 Commence 2:30 pm		
401 - 408	100m Freestyle	Open & Masters (including Para) by Gender
411 - 418	50m Breaststroke	Open & Masters (including Para) by Gender
451 - 458	100m Backstroke	Open & Masters by Gender
461 - 468	50m Butterfly	Open & Masters (including Para) by Gender
481 - 486	4x50m Freestyle Relay	Open 18-29 Yrs & Masters 30-49 Yrs, 50 Yrs & Over by Gender
487	Zonal Mass 10x50m Freestyle Relay (Mixed)	Max 2 Teams of 10 swimmers (Mixed Gender) from East, West, North, Central & North East

**Youth Age Categories:** 6-10 Yrs, 11-12 Yrs, 13-14 Yrs & 15-17 Yrs

**Open Age Categories:** 18-29 Yrs

**Masters Age Categories:** 30-39 Yrs, 40-49 Yrs and 50 Yrs & Over

**Zonal Mass Relay:** 10x50m Freestyle (Mixed)

**Para Swimmers:** To swim inclusively in all 50m Events and 100m Breaststroke & 100m Freestyle but with separate medals based on Multi-Class Points

## 7. Entries & Fees

7.1 The closing date for all entries is **16<sup>th</sup> July 2018**

7.2 Individual Entries:

7.2.1 The Entry Fee for swimmers who are Youth is SGD 10.00. This will allow the swimmer to take part up to three (3) Individual Events in his/her Age Category.

7.2.2 The Entry Fee for swimmers who are in the Open and Masters Categories is SGD 15.00. This allows the swimmer to take part up to three (3) Individual Events in his/her Age Category.

7.2.3 The Entry Fee for Para swimmers is SGD 5.00 regardless of age.

7.2.4 Any swimmer can take part up to **Maximum** of 3 Individual Events.

7.3 Relay Entries:

7.3.1 Each swimmer can participate in any number of Relay Teams formed by the Swim Team.

7.3.2 Relay Teams participation will be governed by the following rules:

7.3.2.1 Each Swim Team can submit up to a maximum of two (2) Relay Teams per Event per Age Category.

7.3.2.2 Rule 7.3.2.1 does not apply to Zonal Mass Relays.

7.3.3 There is NO Entry Fee for Relay Events if any of the team participants have Individual Events. However, if all 4 members in a Relay do not take part in any Individual Events, the Relay Team has to pay an Entry fee of SGD 40.00 for Youth and SGD 60.00 for Open/Masters.

7.3.4 Team Managers are required to submit their teams' line-up in the Relay Team Form during the Team Manager's Meeting or one (1) hour before the start of the session if there are changes to the line-up. A team will be disqualified if any swimmer not in the Relay Team swam or if any swimmer swam not in the order as submitted.

## 8 Viability of Events

8.1 Individual Events:

8.1.1 For an event to be viable there must be a minimum of **4 Registered Swimmers**. However, if there are only 3 Registered Swimmers, the event will proceed with a minus one rule for the award of medals.

8.1.2 An event will be cancelled if there are less than 3 Registered Swimmers. The affected swimmers will be informed:

8.1.2.1 to swim up to the next Age Category for Youth

- 8.1.2.2 to swim down to a previous Age Category for Masters. Masters can expect to swim down to the Open Category.
- 8.1.2.3 or register in another Event.

## 8.2 Relay Events:

- 8.2.1 For a Relay event to be viable there must be a minimum of **4 Relay Teams**. However, if there are only 3 Relay Teams, the event will proceed with a minus one rule for the award of medals.
- 8.2.2 A Relay event will be cancelled if there are less than 3 Registered Teams. The affected Teams will similarly follow 8.1.2.1 – 8.1.2.3.

## 8.3 Conditional:

- 8.3.1 The viability of events is not affected during competition sessions if Swimmer(s) or Team(s) failed to report at the Call Room to swim.
- 8.3.2 “Registered Swimmers/Teams” is defined as the swimmer/team entries **finalized and published** on the website after the Team Managers’ Meeting and before the Start of Session 1 of the Competition.

## 9. Awarding of Medals

- 9.1 For medals to be awarded, there must be a minimum of 4 Registered Swimmers/Teams, the top 3 Swimmers or Relay Teams will receive their medals.
  - 9.1.1 If the Finals resulted in a tie in any of the top 3 positions, the medals will be awarded, in accordance with FINA General Rule GR 9.7.2.1 and GR 9.7.2.2 as follows:
    - 9.1.1.1 In case of two (2) equal times:
      - For 1<sup>st</sup> position: 2 Golds, no Silver, 1 Bronze
      - For 2<sup>nd</sup> position: 1 Gold, 2 Silvers, no Bronze
      - For 3<sup>rd</sup> position: 1 Gold, 1 Silver, 2 Bronzes
    - 9.1.1.2 In the case of three (3) equal times:
      - For 1<sup>st</sup> position: 3 Golds, no Silver, 1 Bronze
      - For 2<sup>nd</sup> position: 1 Gold, 3 Silvers, no Bronze
      - For 3<sup>rd</sup> position: 1 Gold, 1 Silver, 3 Bronzes
- 9.2 If there are only 3 Registered Swimmers/Teams for the event before the start of the Competition, then the “Minus-One” rule will apply which will result in only Gold & Silver medals to be awarded.
- 9.3 Rule 9.1 and 9.2 do not apply if during competition sessions, Swimmers/Teams failed to report at the Call Room for the event.

## 10. Reporting

10.1 An announcement will be made only at the beginning of each session for swimmers to report to the Call Room for the first 3 events.

10.2 No subsequent announcement for the events/calling of swimmers to report will be made thereafter. Swimmers/Teams are required to report 20 minutes before their events using the Session Start List as a guide. The Session Startlist will also be posted at the entrance of the Call Room.

## 11. DNS and Withdrawals

11.1 After the closing of entries, any withdrawal of individual/relay entries can only be done during Team Managers' Meeting.

11.2 At the conclusion of the Team Managers' Meeting, the Competition Startlist for all sessions (Timed Finals) will be published on SNG 2018 website.

11.3 During competition, any swimmer/Team who fails to report for the event at the Call Room will be considered as Did Not Show (DNS).

## 12. Swimwear

12.1 The Championship will be conducted in accordance to FINA's Rules:

BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as part of a swimsuit.

BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.

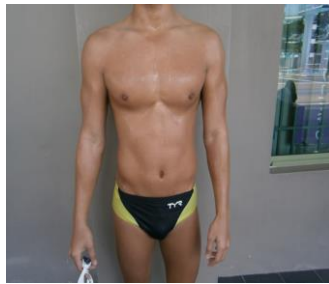


**Male**



**Female**





### **13. Disqualification**

13.1 The Competition will use the One Start Rule. Any swimmer who starts before the starting signal shall be disqualified. If the race has started before the disqualification is declared, the race shall continue and the swimmer(s) shall be disqualified upon completion of the race.

13.2 Team may be disqualified in the events of submitting ineligible swimmers or unruly conduct of team/swimmers.

13.3 The Organising Committee reserves the right to disqualify team/swimmers at its discretion

### **14. Protest**

14.1 Only Team Managers/Team Leaders/Coaches can submit their team's Protest to the Meet Director/Referee in the prescribed form with a fee of SGD 100.00 within 30 minutes following the conclusion of the event.

14.2 In the event that the protest is being dismissed, the fee will be forfeited.

14.3 The Organiser's decision to any protest shall be final.

### **15. Penalty**

15.1 Any registered team that does something that causes a disqualification of the entire team during the Competition shall be fined SGD 200.00.

### **16. Rules & Regulations**

16.1 The Rules and Regulations as depicted above are current at the time of printing or posting on SNG 2018 website. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.

16.2 Any amendments to the Rules & Regulations will be posted on SNG 2018 website.