

GETACTIVE! SINGAPORE 2018 SENTOSA ADVENTURE RACE
Estimated distance 5.3km



1. Rules

Governed by the GETACTIVE! Singapore 2018 Sentosa Adventure Race General Rules and Regulations

2. Indemnity and Safety

2.1 While every reasonable precaution will be taken by the Organiser to ensure the Participants' safety, Participants run at their own risk and the Organiser will not be responsible or held liable for any loss or damage, personal or otherwise, injury or death, howsoever arising during participation in the race.

2.2 Participants are advised not to run if they are not feeling well. A Participant must retire from the race immediately, if required to do so by any member of the official medical staff, race director, referee and/or Security Officer.

3. Eligibility & Registration

S/No	Category	Clarification
1	Youth (Individual & Team)	13 to 16 years old, born between 2002 to 2005 (year inclusive) 3 members in a team (Each team shall comprise 3 runners of the different gender)
2	Master (Individual & Team)	40 years old and above, born on or before 1978 (year inclusive) 3 members in a team (Each team shall comprise 3 runners of the different gender)
3	Open (Individual & Team)	17 years old and above, born on or before 2001 (year inclusive) 3 members in a team (Each team shall comprise 3 runners of the different gender)
4	Corporate (Team)	17 years old and above, born on or before 2001 (year inclusive). 3 members in a team (Each team shall comprise 3 runners of the different gender)

****Corporate Category is for participants representing MNCs, SMEs, IHLs, Clubs, Associations, Government Agencies and Unions.**

List of Events:

1	Individual Youth (13 to 16) Boys
2	Individual Youth (13 to 16) Girls
3	Individual Masters (40 and above) Men
4	Individual Masters (40 and above) Women
5	Individual Open (17 and above) Men
6	Individual Open (17 and above) Women
7	Team Youth (13 to 16) Mixed
8	Team Master (40 and above) Mixed
9	Team Open (17 and above) Mixed
10	Team Corporate (Open) Mixed

4. Event Venue & Schedule

4.1 The race will be held at Sentosa:

Date	Timing	Event
28/29 July 2018	0900hrs to 1800hrs	Race Entry Pack Collection at Yio Chu Kang Sports Centre
4 August 2018	0700hrs to 1200hrs	Race Day

Note: all above may change once the entries are finalised

- 4.2 Race route will include Palawan Beach, Siloso Beach, Coastal Trail, Fort Siloso and Siloso Skywalk
- 4.3 Start and end point at **Sapphire Pavilion** at Siloso Beach.

7 Adventure Checkpoints: Leopard Crawl, jumping over obstacles, climbing up 11 storey Fort Siloso Tower to clear the Siloso Skywalk, run down trail, running over tyres, river crossing wearing lifejackets, scenic photo taking at Southernmost point of continental Asia

5. Participants

- 5.1 Participants under 16 years old are required to download the SNG consent indemnity form, have it signed by their parent/guardian and submitted to the registration counter before the start of the race.
- 5.2 In the event of race cancellation, participants' entry fees shall not be refunded.
- 5.3 Usage of mobile devices and portable media players is not recommended during the race.
- 5.4 Participants must complete all the obstacles and cross the timing mats along the race route

6. Team Competition Format

- 6.1 Teams shall comprise of 3 members of different gender
- 6.2 Foreign runners may form a team comprise of 2 Singaporeans or Permanent Residents and 1 Foreigner.
- 6.3 For team event, all 3 members in the team needs to complete the race together.
- 5.4 To qualify for the race timing and result, all team members must complete the obstacles course and cross the timing mats along the route.
- 5.5 The timing and result are based on the last team runner who cross the finish line.

7. Prize Money and Medals

- 7.1 All finishers will be given a medal
- 7.2 Medals and Prize monies will be awarded to the top 5 winners of each categories.
- 7.3 If there are only 9 participants for the event, 'minus 1 rule' applies, ie only 1st & 2nd will be awarded with medal but no prize money.
- 7.4 If there are less than 4 participants or teams, they may choose 1 of the following options:
- Option 1
- Participants may withdraw and receive a full refund
- Option 2
- Participants may continue with the competition but will not be eligible for prize money. Medals will be awarded based on the 'minus 1 rule'.
- Option 3
- Participants may opt to join another category which they are eligible.
- 7.5 Details of Prize Money will be published on GAIS 2018 official website on a later date.

8. Disqualification

- 8.1 Sale and/or unauthorised transfer of race entries/bibs is strictly prohibited and will result in the disqualification and/or banning of individuals involved from future events.

9. Equipment and Attire

- 9.1 All participants must wear an unaltered race number bib and the race bib has to be clearly visible throughout the event.
- 9.2 Participant race number bibs are specific personal identifiers and must be worn only by the participant to which the bib is assigned.

- 9.3 Bag deposit counters are available and runners are encouraged not to deposit their valuable belongings. Organiser is not liable for any damage or loss of deposited items.

10. Reporting

- 10.1 All participants should proceed to the start line 15 minutes prior to the start of race (different categories). To ensure a smooth race, participants will be flagged off in waves of 3 minutes intervals.
- 10.2 Organiser will contact you via email and short message services on your respective category reporting timings.
- 10.3 Runners must be punctual, and will not be allowed to run if they miss the flag-off time.
- 10.4 Participants are to complete the course in the race before the cut-off time specified by the organizer.
- 10.5 The first flag off time is 0800hrs and the last flag off time is 1000hrs. The race cut-off time is 1200hrs.

Updated on 8 June 18, 3pm