

**Children's Swimming Competition 2016
Bishan Swimming Complex
Rules & Regulations**

1. ORGANISER

Children's Swimming Competition 2016 shall be conducted in accordance with the rules published by Fédération internationale de natation (FINA) and as directed by the Singapore Swimming Association (SSA) (<http://www.fina.org/> & <http://www.swimming.org.sg>).

2. DATE/TIME OF COMPETITION

Children's Swimming Competition 2016, shall be held at Bishan Swimming Complex on **Saturday, 5 March 2016, Time: 8.00am – 12.00pm.** (The competition will be cancelled in the event of bad weather)

3. CATEGORIES

The two categories for this Competition are as follow:

Category	Birth Year Classification
Boys & Girls – 10 to 12	Born Between 2004 and 2006
Boys & Girls – 7 to 9	Born Between 2007 and 2009

**Minimum age of participation is 7 years old (born in the year of 2009)*

4. ELIGIBILITY OF PARTICIPANTS

A participant is allowed to register for ONE category only. The birth year of the registered participants for the specific category must fall within the birth year classification in the above table. Participants who are found to be registered in the wrong category shall be disqualified from participating in the competition.

This competition is open for registration to all Singapore citizens, PR and non-citizens.

The competition format might be changed depending on the final entries received. A minimum of 6 participants per category are required for the conduct of the competition per specific event.

5. FORMAT OF PLAY

5.1 The list of events shall be as follows:

S/No	Event	Stroke
1	50m	Front Crawl (Freestyle), Breaststroke, Backstroke, Butterfly
2	100m	

5.2 Order of Events

5.2.1 All events are Timed Finals, in the following order

1. 100m Butterfly
2. 100m Breaststroke
3. 50m Backstroke
4. 50m Front Crawl (Freestyle)
5. 50m Butterfly
6. 50m Breaststroke
7. 100m Backstroke
8. 100m Front Crawl (Freestyle)

Please see Annex A for programme.

5.2.2 Allocation of lanes for the Timed Finals shall be decided by the Meet software based on FINA rules as well as the entry times submitted by the participants.

6. REPORTING

- 6.1 All participants **MUST** bring along their Passport/Student Pass for verification when reporting for their events, failing which they **will not be allowed to compete in their events**.
- 6.2 An announcement will be made only at the beginning of the session for participants to report for the first and second event.
- 6.3 No subsequent announcement for the events/ calling of participants to report will be made thereafter. Participants are required to report 30 minutes before their events using the Start List as a guide.

7. DNS AND WITHDRAWALS

- 7.1 After the closing of entries, any withdrawal of individual entries can only be circulated via email to Sport_Bishansrc@sport.gov.sg.
- 7.2 During competition, any participant who fails to report for his/her event will be considered as Did Not Show (DNS).

8. PARTICIPANTS' ATTIRE / EQUIPMENT

8.1 The competition will be conducted in accordance to FINA's laws:

BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as part of a swimsuit.

BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.



Male



Female

9. DISQUALIFICATION

- 9.1 The competition will use the 'One Start Rule'. Any participant who starts before the starting signal shall be disqualified. If the race has started before the disqualification is declared, the race shall continue and the participant(s) shall be disqualified upon completion of the race.
- 9.2 Participants may be disqualified in the event of submitting an ineligible entry or unruly conducts.
- 9.3 The Organiser reserves the right to disqualify any participants at its discretion.

10. PROTEST

- 10.1 Only participants' Guardians are allowed to submit protest to the Referee in the prescribed form with a fee of SGD 100.00 within 30 minutes following the conclusion of the event.
- 10.2 In the event that the protest is being dismissed, the fee will be forfeited.
- 10.3 The Organiser's decision to any protest shall be final.
- 10.4 The rules and regulations as depicted above are current at the time of printing. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.

11. REGISTRATION

Registration fees apply to all participants as follow:

S/No	Event	Stroke	Fee
1	50m	Front Crawl, Breaststroke,	\$2 per event
2	100m	Backstroke, Butterfly	

To register, please download the registration form from www.myactivesg.com and submit the completed registration form via the following means:

By Email:
Sport_bishansrc@sport.gov.sg

By Hand:
5 Bishan St.14 Singapore 579783

All registration forms must be submitted by 27 February 2016, 2359hrs.

All participants are advised to obtain medical health and fitness clearance from a medical doctor before competing in the competition.

Organisers reserve the rights to reject the registration of any participants at their own discretion.

Full payment must be made upon registration to guarantee a place in the competition.

12. PRIZES

Medals will be presented to all registered participants from the Top 3 participants from each category's event.

13. MISCONDUCT

Participants' Guardians are responsible for the proper control and good conduct of the participants and supporters. If an appeal is made to the Guardians and it is not heeded, Organisers reserves the right to take disciplinary action against the participants.

Disciplinary action shall be taken against any Guardians and/or participants of his/her care for any act of misconduct committed during a competition whether inside or outside the swimming pool.

Any participants/Guardians who misbehave or create disturbances shall be immediately escorted out of the arena by the competition Officials and the Official Referee.

In the event of a need for disciplinary action to be taken against any participants/Guardians, Organisers shall make a decision and impose punishment as they deem fit.

14. SUPPLEMENTARY RULES

Participants are urged to participate in the spirit of fair play and sportsmanship.

Organisers may at any time deal with any matters pertaining to enquiries, appeals etc. The decision of the Organisers on all matters brought before them shall be final.

The rules and regulations as written above are current at the time of printing. The Organisers reserves the right to add, delete, and/or vary the said rules and regulations at any time as they deem fit.

Participants' qualified results for this competition are eligible for purchases of the Singapore Swimming Proficiency Awards (SSPA) certificates from Singapore Swimming Association (SSA).

Type	Level 1 (50 m)	Level 2 (100 m)
Colour of Badge and Certificate	Green	Red
Symbol/Character	Sea Lion	Turtle
Front Crawl (Freestyle)	≤ 1:05 mins	≤ 2:30 mins
Breaststroke	≤ 1:20 mins	≤ 3:15 mins
Backstroke	≤ 1:10 mins	≤ 3:00 mins
Butterfly	≤ 1:20 mins	≤ 3:30 mins

15. JURISDICTION

The Organisers reserve the right to interpret or amend the rules and regulations of the competition at any time. Notifications of such changes will be posted on the competition website. All participants/Guardians are advised to visit the competition website frequently for the latest notices or updates to Start List.

In the event of any dispute matters arising over any participant(s), the competition will continue regardless. Organisers will only determine on the matter upon receipt of the protest in writing, together with a prescribed protest fees of \$100, submitted by the Guardian within the day of competition.

While reasonable precautions will be taken, the Organisers will not be responsible for or be liable for any death, disability, personal injury, loss of property or any other losses during the course of this competition.

16. COMMUNICATION

Organisers will contact all participants/Guardians at least seven (7) days prior to the date of competition regarding all Start List and/or any changes i.e. change of format of play via email*.

All clarifications can be done via the following:

By Email: [Sport_bishansrc@sport.gov.sg](mailto:sport_bishansrc@sport.gov.sg) Or By Phone: 6352 6631

* Failure to provide email upon registration will result in no information prior to competition and participants will be required to contact Sports Centre direct.

Children's Swimming Competition 2016
Bishan Swimming Complex

PROGRAMME

- 8.00 am : Warm-up for All Swimmers
- 9.00 am : Commencement of Competition in the following order
1. 100m Butterfly
 2. 100m Breaststroke
 3. 50m Backstroke
 4. 50m Front Crawl (Freestyle)
 5. 50m Butterfly
 6. 50m Breaststroke
 7. 100m Backstroke
 8. 100m Front Crawl (Freestyle)
- 12.15 pm : Prize Presentation
- Photo Session
- 12.30 pm : End of Programme