



Under 16 & Under 18 Indoor Hockey Tournament

Calling out for all boys and girls who are born on or after 1st January 1998! This tournament is specially for YOU! If you had fun and a great time at the Singapore National Games 2014, this tournament is not to be missed. This tournament will act as a selection trial for the National Team as the National Team selectors will be around. Come and join the fun. Register your team today!

General Information

Eligibility of Players for Participation	
Under 16	Born on or after 1 st January 1998
Under 18	Born on or after 1 st January 1996

- Game Format : Modified Indoor Hockey 5-a-side game (similar to the one played at the Singapore National Games 2014)
- Fees per team - \$70
- The maximum number of players a team can register is 7.
- Each participant will receive a Goodie Bag



- Registration can be done the following ways:
 - Register at Yishun Sports Hall by completing the registration form / brochure and submitting it to our friendly ActiveSG Staff together with the fees.
 - Register at SHF Office by completing the registration form / brochure and submitting it to our friendly SHF staff together with the fees
 - Register by emailing the form to events@fto.com.sg and we will have you registered after that.
- Teams will need a minimum of 3 players to start a match.
- Teams can choose to play with a kicking back or a player instead of a Goalkeeper.
- Only one Carded Athlete is allowed per team.
- It is not compulsory for players to represent a club, school, community, organization or company.
- Equipment such as the Indoor Sticks and Balls will be provided.
- At the Indoor Hall, wearing of shoes with studs are not allowed.



- Teams are encouraged to bring their own jerseys and socks. However, in case of a clash of colours, we will have bibs available for your team. The first named team in the fixtures will have to change their jersey or wear the bibs.
- Prizes will be awarded to the top 4 teams of each category. More details will be announced closer to the competition dates.
- Singapore Citizens, Permanent Residents of Singapore and Foreigners are eligible to participate.
- Shin guards are mandatory for all players taking part in this tournament
- Hitting, sweeping and flicking is not allowed. Drilling into a player is not allowed too.
- Small jinks or lifts will be considered skills and will be allowed. The ball can be lifted off the surface but not above knee height.
- For safety, players must not lift their sticks above the knee height when moving with the ball, passing or shooting.



- Each game starts with a bully.
- Goals can be scored anywhere in the playing area. Any goal scored, except for deflection, must be below the board. For free hits, the player will need to move 3 metres with the ball before scoring.
- If the team is not present to play their game, the game will be forfeited with a 5-0 win to the present team.
- By playing in the competition, all players and officials acknowledge that they shall abide and be bound by the said Rules. Players or officials who do not adhere to the rules and regulations will not be allowed to play in the tournament.
- The captain of the team will act as the administrator for the team. As such, no managers will be required for the teams.
- The closing date for registration is on 5th December 2014.