

**OVERNIGHT RACE IN OUR NORTH (O.R.I.O.N) 2018
9 & 10 JUNE 2018**

Frequently Asked Questions

Q1. Is there any age restriction for the event?

A1. Please refer to the table below for the eligible age group to participate in O.R.I.O.N 2018.

S/N	Eligible Age Range	Clarification
1	17 yrs old to 55 yrs old	Born on year between 2001 and 1963

Q2. What is the race format like?

A2. O.R.I.O.N is a 2D1N overnight adventure race. Participants will report to Yio Chu Kang Sports Centre on 9 Jun 2018 (details on reporting time will be furnished upon closing date of) and the race will officially kick-start.

O.R.I.O.N comprises of several land and water challenges and teams will be tested on their orienteering skills, to navigate from one challenge location to the next. Teams are required to check in to the various pit-stops, which will be set along the race route.

Participants are expected to carry their belongings as they navigate through the race until the final leg where tents will be provided for the overnight camp.

Q3. What can I expect for the race?

A3. There are 2 disciplines to the race – running and kayaking. All participants are expected to complete a series of activities along the race route in order to qualify as completion of the race. 1 star certificate is not required to participate for the kayaking discipline.

Q4. Is O.R.I.O.N 2018 fit for all to participate?

A4. All interested participants are strongly encouraged to consult or seek the advice of a medical practitioner prior to joining the race. Participants will be advised to conduct a self-assessment by filling up the Physical Activity Readiness Questionnaire (PAR-Q) prior to the race.

Q5. Do I need to know how to swim to take part in O.R.I.O.N 2018?

A5. It is preferred that participants are able to swim. However, life vests will be provided for participants who have low water confidence.

Q6. What happens in the event of inclement weather?

A6. In the event of inclement weather, the organiser reserves the right to delay the commencement of the race. Should the inclement weather persist, the organiser reserves the right to cancel the race without any refund.

During the race, all participants are advised to seek the nearest shelter in times of thunderstorm or heavy rain and await further instructions from race marshals.

Q7. Is there shower facilities at the overnight pit-stop?

A7. There are shower facilities at the pit-stop where participants will spend the night to recharge. Please bring along your personal toiletries as they are not provided.

Q8. Are meals provided for the event?

A8. Participants will be provided with 1 dinner and 1 breakfast during the course of the event.

Q9. What are the prizes for the event?

A9. All participants that complete the race will receive a Finisher's medal. Top 3 teams can expect to win products from Under Armour at the following prize tiers:

- 1st Prize: \$400 worth of Under Armour products
- 2nd Prize: \$200 worth of Under Armour products
- 3rd Prize: \$100 worth of Under Armour products

Prizes are not transferable or exchangeable and cannot be exchanged for cash. SportSG reserves the right, at any time in its sole and absolute discretion, to substitute, withdraw, add or alter any of the prizes offered without notice to the participants. All prizes which are not won or remain unclaimed following the redemption period will be forfeited.

For further enquiries or assistance, please contact Shirley at shirley_ong@sport.gov.sg or Wendy at chua_kah_ying@sport.gov.sg.