

GET ACTIVE! SINGAPORE
PESTA SUKAN 2019
COMPETITION RULES AND REGULATIONS – FOOTBALL

1. Rules

- 1.1 The competition for the **Youth Category** shall be conducted in accordance with the **5-a-side** Football rules and regulations.
- 1.2 The competition for the **Masters and Corporate Categories** shall be conducted in accordance with the **8-a-side** Football rules and regulations.
- 1.3 The **Youth Category** is organised in collaboration with **Epson Youth Challenge 2019** and will be governed by the Pesta Sukan 2019 Competitions general rules and regulations.
- 1.4 The **Masters Category** will be governed by the Pesta Sukan 2019 Competitions general rules and regulations.
- 1.5 The **Corporate Category** will be governed by the Pesta Sukan 2019 Competitions general rules and regulations.

2. Categories & Eligibility

S/N	Category	Sub-Category	Eligibility
1	Youth (Boys)	U-18	Born in year 2001 and later
		U-15	Born in year 2004 and later
		U-13	Born in year 2006 and later
		U-11	Born in year 2008 and later
		U-9	Born in year 2010 and later
2	Youth (Girls)	U-18	Born in year 2001 and later
		U-15	Born in year 2004 and later
		U-13	Born in year 2006 and later
		U-11	Born in year 2008 and later
		U-9	Born in year 2010 and later
3	Masters (Men's)	40 – 49 years old	Born in year 1970-1979
		50 years old and above	Born in year 1969 and earlier
4	Corporate (Men's)	Open	Corporate staff – 70%* Non-corporate staff – 30% *At least 50% of the Corporate staff must be Singapore Citizens or Singapore PR

- 2.1 For **ALL Categories**, the team composition must consist of minimally 70% Singapore Citizens or Singapore PRs and at maximum 30% Foreigners.
- 2.2 For **Corporate Category**, at least 70% of the team must consist of full time and/or contract staff of all private, public and non-profit organisations. In addition, at least 50% of the full time and/or contract staff must be Singapore Citizens or Singapore PR.

- 2.3 For the **Youth Category**, no more than two (2) players who are currently a member of a National Football Academy (NFA) or Centre of Excellence (COE) squad under Football Association of Singapore (FAS) should be registered in the same team. This applies for the Boys' categories only.
- 2.4 For the **Youth Category**, participants who are aged 16 years old and below (born in or after 2003) must obtain parental/legal guardian consent for their participation in the tournament. Consent forms can be downloaded from the Get Active! Singapore Pesta Sukan 2019 official website as follows: <https://events.myactivesg.com/getactive2019/pesta-sukan>
- 2.5 If a participant is found to be registered with more than one (1) team in the same tournament for a particular sport after the registration closing date, the participant will be disqualified from the Pesta Sukan 2019. No substitution or replacement of such participant will be allowed.

3. Event Venue & Schedule

Youth Category

- 3.1 The competition for the Youth Category will be held at Our Tampines Hub / Serangoon Stadium / Jalan Besar Stadium from 27 July – 4 Aug 2019. Competition dates and timings are tentative.

Date	Timing	Venue	Competition Stage
27 Jul 2019 (Sat)	9am – 7pm	Our Tampines Hub / Serangoon Stadium / Jalan Besar Stadium	Preliminary Round/Group Stages
28 Jul 2019 (Sun)	9am – 7pm		Preliminary Round/Group Stages
29 Jul 2019 (Mon) – 2 Aug 2019 (Fri)	3pm – 7pm	Serangoon Stadium / Jalan Besar Stadium	Preliminary Round/Group Stages
4 Aug 2019 (Sun)	9am – 7pm	Our Tampines Hub	Final Group Stages & Final

Masters Category

- 3.2 The competition for the Masters Category will be held at Serangoon Stadium / Jalan Besar Stadium from 3 – 4 Aug 2019. Competition dates and timings are tentative.

Date	Timing	Venue	Competition Stage
3 Aug 2019 (Sat)	9am – 7pm	Serangoon Stadium / Jalan Besar Stadium	Preliminary Round/Group Stages
4 Aug 2019 (Sun)	9am – 7pm	Serangoon Stadium / Jalan Besar Stadium	Final Group Stages & Final

Corporate Category

3.3 The competition for the Corporate Category will be held at Jurong East Stadium from 22 July – 26 July and at Serangoon Stadium / Jalan Besar Stadium on 4 Aug. Competition dates and timings are tentative.

Date	Timing	Venue	Competition Stage
22 Jul 2019 (Mon)	7pm – 10pm	Jurong East Stadium	Preliminary Round/Group Stages
23 Jul 2019 (Tue)	7pm – 10pm		Preliminary Round/Group Stages
24 Jul 2019 (Wed)	7pm – 10pm		Preliminary Round/Group Stages
25 Jul 2019 (Thu)	7pm – 10pm		Preliminary Round/Group Stages
26 Jul 2019 (Fri)	7pm – 10pm		Preliminary Round/Group Stages
4 Aug 2019 (Sun)	9am – 7pm	Serangoon Stadium / Jalan Besar Stadium	Final Group Stages & Final

4. Competition Format

Youth Category

4.1 The teams participating in the **Youth Category** shall be divided into groups of four (4) teams each (Number of groups and Number of teams per group are currently tentative depending on number of registered teams). A draw will be conducted for the purpose of determining the placement of the teams in the groups. **It will be conducted during the Team Managers' Meeting (Schedule to be confirmed at a later date).**

- a) All matches in a group are played under the league system whereby each team will play once against each of the other teams in its group (single round-robin).
- b) Three (3) points will be awarded for a win, one (1) point for a draw, and zero (0) point for a loss.
- c) The ranking of teams in each group shall be determined as follows:
 - (i) Greater number of points obtained in all group matches.
 - (ii) Greater goal difference in all the group matches.
 - (iii) Greater number of goals scored in all the group matches.
 - (iv) If two or more teams are equal on the basis of the above criterion, their place shall be determined as follows:
 - Greater number of points obtained in the group matches between the teams concerned.
 - Goal difference resulting from the group matches between the teams concerned.
 - Greater number of goals scored in the group matches between the teams concerned.
 - Fewer number of points according to the number of yellow and red cards received in the group matches (Yellow Card = 1 point. Red Card as a consequence of two yellow cards = 3 points. Direct Red Card = 3 points. Yellow Card followed by a direct Red Card = 4 points).
 - Drawing of lots

- d) For each sub-category of the **Youth Category**, eight (8) teams will qualify for the Final Group Stages of the competition. The 8 qualified teams will participate in the Final Group Stages with 4 teams per group. The 1st placing in each group will qualify for the Finals and the 2nd placing in each group will qualify for the 3rd placing match. Medals will be awarded to 1st, 2nd and 3rd placing.

Masters Category

4.2 The teams participating in the **Masters Categories** shall be divided into groups of four (4) teams each (Number of groups and Number of teams per group are currently tentative depending on number of registered teams). A draw will be conducted for the purpose of determining the placement of the teams in the groups. **It will be conducted during the Team Managers' Meeting (Schedule to be confirmed at a later date).**

- a) All matches in a group are played under the league system whereby each team will play once against each of the other teams in its group (single round-robin).
- b) Three (3) points will be awarded for a win, one (1) point for a draw, and zero (0) point for a loss.
- c) The ranking of teams in each group shall be determined as follows:
- (i) Greater number of points obtained in all group matches.
 - (ii) Greater goal difference in all the group matches.
 - (iii) Greater number of goals scored in all the group matches.
 - (iv) If two or more teams are equal on the basis of the above criterion, their place shall be determined as follows:
 - Greater number of points obtained in the group matches between the teams concerned.
 - Goal difference resulting from the group matches between the teams concerned.
 - Greater number of goals scored in the group matches between the teams concerned.
 - Fewer number of points according to the number of yellow and red cards received in the group matches (Yellow Card = 1 point. Red Card as a consequence of two yellow cards = 3 points. Direct Red Card = 3 points. Yellow Card followed by a direct Red Card = 4 points).
 - Drawing of lots
- d) For the **Masters Category**, eight (8) teams will qualify for the Final Group Stages of the competition. The 8 qualified teams will participate in the Final Group Stages with 4 teams per group. The 1st placing in each group will qualify for the Finals and the 2nd placing in each group will qualify for the 3rd placing match. Medals will be awarded to 1st, 2nd and 3rd placing.

Corporate Category

4.3 The teams participating in the **Corporate Category** shall be divided into groups of four (4) teams each (Number of groups and Number of teams per group are currently tentative depending on number of registered teams). A draw will be conducted for the purpose of determining the placement of the Teams in the groups. **It will be conducted during the Team Managers' Meeting (Schedule to be confirmed at a later date).**

- a) All matches in a group are played under the league system whereby each team will play once against each of the other teams in its group (single round-robin).
- b) Three (3) points will be awarded for a win, one (1) point for a draw, and zero (0) point for a loss.
- c) The ranking of teams in each group shall be determined as follows:
 - (i) Greater number of points obtained in all group matches.
 - (ii) Greater goal difference in all the group matches.
 - (iii) Greater number of goals scored in all the group matches.
 - (iv) If two or more teams are equal on the basis of the above criterion, their place shall be determined as follows:
 - Greater number of points obtained in the group matches between the teams concerned.
 - Goal difference resulting from the group matches between the teams concerned.
 - Greater number of goals scored in the group matches between the teams concerned.
 - Fewer number of points according to the number of yellow and red cards received in the group matches (Yellow Card = 1 point. Red Card as a consequence of two yellow cards = 3 points. Direct Red Card = 3 points. Yellow Card followed by a direct Red Card = 4 points).
 - Drawing of lots
- d) For the **Corporate Category**, eight (8) teams will qualify for the Final Group Stages of the competition. The 8 qualified teams will participate in the Final Group Stages with 4 teams per group. The 1st placing in each group will qualify for the Finals and the 2nd placing in each group will qualify for the 3rd placing match. Medals will be awarded to 1st, 2nd and 3rd placing.

5. Final Group Stages and Finals – Youth, Masters & Corporate Categories

- 5.1 Eight (8) teams from the Preliminary Round/Group Stages of the **Masters and Corporate Categories**, as well as each sub-category of the **Youth Category**, will qualify for the Final Group Stages of the competitions. The Final Group Stages will be played on the following basis:
 - a) All matches in a group are played under the league system whereby each team will play once against each of the other teams in its group (single round-robin).
 - b) Three (3) points will be awarded for a win, one (1) point for a draw, and zero (0) point for a loss.
 - c) The ranking of teams in each group shall be determined as follows:
 - i. Greater number of points obtained in all group matches.
 - ii. Greater goal difference in all the group matches.
 - iii. Greater number of goals scored in all the group matches.
 - iv. If two or more teams are equal on the basis of the above criterion, their place shall be determined as follows:
 - Greater number of points obtained in the group matches between the teams concerned.

- Goal difference resulting from the group matches between the teams concerned.
 - Greater number of goals scored in the group matches between the teams concerned.
 - Fewer number of points according to the number of yellow and red cards received in the group matches (Yellow Card = 1 point. Red Card as a consequence of two yellow cards = 3 points. Direct Red Card = 3 points. Yellow Card followed by a direct Red Card = 4 points).
 - Drawing of lots
- 5.2 The winners of each group in the Final Group Stages will advance to the Final, while the 2nd placing of each group in the Final Group Stages will play for 3rd placing. Medals will be awarded to 1st, 2nd and 3rd placing.
- 5.3 The winner of the Final and 3rd Placing match shall be the team that scores the greater number of goals in regulation time for each respective category.
- 5.4 In the event the scores are tied after end of regulation time, the winner shall be determined by penalty kicks. Sudden death penalty kicks will commence when both teams are still tied after each team has taken 3 penalty kicks.

6. Registration of Teams

Youth Category

- 6.1 Teams are allowed to register a minimum of six (6) players and a maximum of nine (9) players.
- 6.2 Teams are to register one (1) Team Official or Team Manager who will handle player registrations prior to a match.

Masters Category

- 6.3 Teams are allowed to register a minimum of nine (9) players and a maximum of thirteen (13) players.
- 6.4 Teams are to register one (1) Team Official or Team Manager who will handle player registrations prior to a match.

Corporate Category

- 6.5 Teams are allowed to register a minimum of nine (9) players and a maximum of thirteen (13) players.
- 6.6 Teams are to register one (1) Team Official or Team Manager who will handle player registrations prior to a match.

7. Player Verification

- 7.1 All players are required to bring along their NRIC, FIN Card, Student Pass or any valid proof of identification for verification by the competition official. For Corporate Category, players (staff) are required to bring along their staff pass for verification by the competition official.

8. Player Start List & Substitution

Youth Category

- 8.1 Fifteen (15) minutes before the commencement of the match, the teams must submit their Player Start List form consisting of five (5) starting players and a maximum of four (4) substitutes to the Match Commissioner or Technical Assistant.
- 8.2 The Captain must be identified in the Team Sheet.
- 8.3 After the match has kicked off, each team is allowed an unlimited amount of "rolling" substitutions.

Masters Category

- 8.4 Fifteen (15) minutes before the commencement of the match, the teams must submit their Player Start List form consisting of eight (8) starting players and a maximum of five (5) substitutes to the Match Commissioner or Technical Assistant.
- 8.5 The Captain must be identified in the Team Sheet.
- 8.6 After the match has kicked off, each team is allowed an unlimited amount of "rolling" substitutions.

Corporate Category

- 8.7 Fifteen (15) minutes before the commencement of the match, the teams must submit their Player Start List form consisting of eight (8) starting players and a maximum of five (5) substitutes to the Match Commissioner or Technical Assistant.
- 8.8 The Captain must be identified in the Team Sheet.
- 8.9 After the match has kicked off, each team is allowed an unlimited amount of "rolling" substitutions.

9 Technical Regulations

Youth Category

- 9.1 All matches shall be played in accordance with the 5-a-side Football Rules and Regulations.
- 9.2 Each match shall last Ten (10) minutes without any half-time break.
- 9.3 There will be no time-outs provided to teams during any match.
- 9.4 All matches shall be played at an outdoor field/5 a-side equivalent venue.

Masters Category

- 9.5 All matches shall be played in accordance with the 8-a-side Football Rules and Regulations.
- 9.6 Each match shall last Fifteen (15) minutes without any half-time break.
- 9.7 There will be no time-outs provided to teams during any match.

9.8 All matches shall be played at an outdoor field/venue.

Corporate Category

9.9 All matches shall be played in accordance with the 8-a-side Football Rules and Regulations.

9.10 Each match shall last Fifteen (15) minutes without any half-time break.

9.11 There will be no time-outs provided to teams during any match.

9.12 All matches shall be played at an outdoor field/venue.

10. Match Official

10.1 All matches shall be officiated by FAS registered or sanctioned referees. The referee's decision on the field is FINAL. No appeal against the referee's decision shall be allowed and entertained.

11. Awards and Prizes

11.1 Prizes will be awarded to the top 3 teams of the Youth, Masters and Corporate Categories and/or sub-categories respectively.

12. Protest

12.1 Any protest made by a team shall be put in writing to the Pesta Sukan 2019 Organising Committee after the match, so that the Organising Committee will decide on the protest. Administration fee will be imposed and is not refundable.

13. Disclaimer

13.1 Sport Singapore reserves the right to cancel, postpone or change the venue, date and/or time of the Football competition for all categories at its discretion due to inclement weather, facility problem or any other situation deemed as appropriate.

13.2 Sport Singapore and their partners and/or agents will not be held responsible for any claims arising out of any death or injury, damage or loss, suffered or caused while attending this competition, and this includes all costs and expenses incurred as a result of such claims.